

Family Caving



The ideal site for your first caving experience



Duration of the activity : 2h30

Difficulty :
Easy

Deep inside the Grotte des Croix Blanches cave, you and your family will share an exceptional experience in the company of an enthusiastic guide. This is a horizontal cave without any technically demanding sections. It is an ideal family activity, allowing children aged 5 and over to discover caving. After a slightly lowered entrance, you crawl through a section to access a dry gallery and then carry on to a small river. Large chambers and exquisite concretions sculpted by the water provide an enjoyable way to discover the world of caving. We return by the same route. The underground temperature is 13 °C.

Walk there : 5'

Walk back : 5'

Personal equipment supplied :

Helmet with head light, caving suit, boots, harness.

Group Equipment supplied :

Ropes, medical kit, watertight container.

Bring :

Lightweight sports undergarments (ideally joggers and a long-sleeved T-shirt), socks. Important: Bring a change of clothes.

Warning :

Participants must be in good physical condition. It is necessary to walk on a variety of terrains. Inform your guide of any health problems.

Acces

Make your way to Lachapelle Sous Aubenas via the RD104. At the northern entrance to the village, just after a roundabout, you will see the Patisserie Boulangerie Roure on your right (there is a swimming pool constructor on the other side of the RD104). The meeting place is here. Please do not obstruct access to the shop when parking. The entrance to the cave is 7 minutes away by car. Park ready to leave again. From Aubenas: 14 km / 15 mins.



GPS	DD.XXXXXX	DD°MM'SS,SS"
Latitude	44.568333N	44°34'6" N
Longitude	4.367222E	4°22'2" E



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What to do nearby?

Just 10 minutes away by car, you can visit the village of Vinezac or, slightly further away, Balazuc. You can also enjoy the bathing places available along the Ardèche river. Or go on the guided tour "Le temps des Chevaliers" at Largentière castle in July and August.