

# Adventure Caving



**A genuine Caving adventure  
with an element of abseiling**



**Duration of the activity :** At the heart of the limestone cliffs of the southern Ardèche, the water has sculpted its marvels. Following a 6 m abseil, you will discover the Aven des Côtes cave. Passing through the cave, you arrive at the underground river and large chambers. The route involves crawling, descents and more. You must be fit and healthy to complete this varied, excitement-filled route without difficulty. However, no specialist caving knowledge is required. You return to the surface by caving ladder. The underground temperature is approximately 13 °C. For participants aged 12 years and over.

**Walk there :** 15'

**Walk back :** 15'

**Personal equipment supplied :**

Helmet with electric lamp, caving suit, boots, harness.

**Group Equipment supplied :**

Ropes, medical kit, watertight container.

**Bring :**

Lightweight sports undergarments (ideally joggers and a long-sleeved T-shirt), socks. Important: Bring a change of clothes.

**Warning :**

Participants must know how to be in good physical condition. It is necessary to walk on a variety of terrains. Inform your guide of any health problems.

**Acces**

< A définir ! >



GPS	DD.XXXXXX	DD°MM'SS,SS"
Latitude	44.593056N	44°35'35" N
Longitude	4.377500E	4°22'39" E



**What to do nearby?**

Just 15 to 20 minutes away by car, you can visit two villages that have received the "France's most beautiful villages" rating: Vogüé and Balazuc. Just a 10 minutes drive away, you can stroll through the village of Ailhon or visit the Aubenas castle square.

**Base Canyon de la Besorgues**

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