

# Abseiling at Autridge



## A bird's eye view of the Ardèche Gorges



**Duration of the activity :** Approximately 15 km to the East of Vallon Pont d'Arc and a few meters from the tourist route along the Gorges, the Autridge Pillar looks down on the Ardèche river from a height of 250 m. We start by descending 5 m along the rock face to an intermediate station before embarking on a 180 meters free-hanging descent.

**Difficulty :**  
Difficult

This takes us to a ledge 70 meters above the river. We then follow a steep path back to our starting point. This activity is possible for beginners with no experience of abseiling. However, remember that the height at the start is very considerable and the way back demanding. Your guide will accompany you from beginning to end and make the descent with you. For participants aged 12 years or over.

**Walk there :** 2'

**Walk back :** 40'

**Personal equipment supplied :**  
Helmet, harness, saddle.

**Group Equipment supplied :**  
Ropes, medical kit.

**Bring :**  
Sports clothes, walking shoes, straps for your glasses. Tie up long hair. A snack and a bottle of water (for the return to the car park).

**Warning :**  
Don't make a present of this activity as a surprise to persons who have not been informed about it. The return path is demanding and we ask the participants to help us carry up the ropes. The activity may be cancelled in the case of high winds. Inform your guide of any health problems.

**Acces**  
From Vallon, follow the RD 290 ("Route Touristique des Gorges de l'Ardèche") for 17 km. Approximately 3 km after passing by the entrance to the Gaud bivouac on your right, look out for an old disused length of road that leads to the Belvédère Autridge viewing point (sign sometimes missing). The meeting place is here. Please park in the spaces provided. From Vallon Pont d'Arc: 17 km / 20 mins

## What to do nearby?

Of course, you can also discover the Gorges by foot or swim in the river. Just 15 minutes away by car, you will discover the wonderful Pont d'Arc. And 20 minutes' drive away, you can visit the magnificent replica of the Chauvet cave.

GPS	DD.XXXXXX	DD°MM'SS,SS"
Latitude	44.362595N	44°21'45,34" N
Longitude	4.466562E	4°27'59,62" E



## Base Canyon de la Besorgues

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